

Bible Summary
Ecclesiastes 5:18-20
The Good Life

Solomon has spent years trying to determine how to live life. He has explored every avenue that we might think would be the life and has decided that everything is meaningless. However, in chapter 5 Solomon takes off his existential hat and puts on his Proverbs hat of wisdom. In these few verses, he gives us six ways to live the good life.

Scriptures: Ecclesiastes 5:18-20, 2:3, 2:24, 3:13, 3:24, 9:7-10; Romans 8:5-8; Colossians 3:17; Galatians 5:22; Psalm 139; Ephesians 2:10; Philippians 4:12; 1 Thessalonians 5:18; Luke 4:18-20; Isaiah 53:5

Bible Questions & Application

(These are meant to aid in facilitating conversation.
There is no obligation to run through **every** listed question.)

1. How did Sunday's teaching challenge your thinking?
2. What does the "good life" look like to you?
3. Solomon describes feasting as being good and fitting. (Ecc. 5:18) Even Jesus exemplified this in His own life.
 - a. In what ways can feasting be an essential part of the Christian life?
 - b. What are some obstacles that you face in "feasting" with others?
4. Solomon writes that it is good to find satisfaction in your work. (Ecc. 5:18b) If you are not in a job that you love, what can you do to find the right perspective on your work?
 - a. Can you share examples of when you were able to find joy in a mundane job?
5. Why is it important to let go of circumstances that we cannot change nor control?
6. It has been said that it's okay to have money as long as money doesn't have you. How do you know if money "has you"?
7. Share about a time when the joy of the Lord helped you overcome struggles of the past.
8. Commit to starting each day of this week by listing the things for which you are grateful. Next week, share how it went with the group.