

Bible Summary

James 1:19-21

Anger and Ears

James has opened his letter with an exhortation that difficult days have purpose. And in those days we need wisdom but we also need to be honest we can be the cause of those difficult days because we lured and enticed into sin. Sometimes the difficulty we get into is because we don't listen and open our big mouths. Lots of times this leads to getting angry. James exhorts and gives practical ways out of this cycle of stupidity.

Scriptures— James 1:19-21; Ephesians 4:26; Proverbs 16:32, 20:22, 24:29 Ecclesiastes 7:9; Psalm 119:9

Bible Questions & Application

(These are meant to aid in facilitating conversation.

There is no obligation to run through **every** listed question.)

1. How did Sunday's teaching challenge your thinking?
2. In what ways is anger like a grenade?
3. Do people describe you as a good listener? What are some things we can practice to be better at active listening?
4. Why are we so eager to speak and be heard?
 - a. What do we lose by being slow to speak?
 - b. What is gained by being slow to speak?
5. In the past month what have you gotten angry about? What is the root of this anger and what does it reveal about you?
6. After understanding more about why you get angry and why you want to be heard, how can you better submit to God and die to yourself? (meekness=stop arguing with God)
7. As Christians, how can we transform an angry, me-centered culture into a God-centered culture?
8. Memorize James 1:19-21 together.

"Getting to know you" Questions

1. Since we last met, what are a couple things you're particularly thankful for? (Philippians 4:8)
2. Have you seen any victories?
3. What is a challenge you are facing right now?
4. What is one thing you are looking forward to?