

## **Bible Summary**

But You  
Psalm 3

We are all going to experience seasons of tribulation, distress and peril. The Bible does not teach that those with the greatest faith will be exempt from pain and suffering. Instead the Bible tells us that faith often leads us into moments of danger. God alone offers a perspective that can bring peace and joy and rest regardless of circumstances.. Fear and peril should drive us to God and not away from Him.

Scriptures – Psalm 3, Ephesians 6:16, Romans 5:2b, Psalm 43:5, Phil. 4:6-7, Numbers 10:35, Luke 4, Phil. 4:13, Prov. 18:10

## **Bible Questions & Application**

(These are meant to aid in facilitating conversation.  
There is no obligation to run through **every** listed question.)

1. Have we made worry and anxiety a more noble feeling than it should be?
  - a. Have we convinced ourselves that worrying for somebody is a way of showing love?
  - b. Is a certain level of worry ok to have?
2. When fear is overwhelming and prayer isn't soothing, then what? What generates hope in you?
3. How do we train our minds to remember key spiritual truths when we face trials and not overly focus on the problem?
4. What do you think it meant to David when he said that God was "his glory"? Psalm 3:3
5. David has been stripped of all possessions and power yet he felt "sustained". Have you ever experienced a similar dire situation and sensed the Lord's shield/covering?
6. When Moses led the Israelites out of Egypt they were not a body of sold out believers, yet he led them with patience and for the most part, love and understanding. Are you that caliber of spiritual leader for those around you?
7. Sometimes you don't know Jesus is all you need until Jesus is all you have. Discuss.
  - a. Why do we often find it easier to cry out to other people first instead of to God when facing a time of need?
  - b. How does going to God first, change the way we face our fears and problems?
8. Are there Scriptures you use to encourage yourself or others in times of uncertainty?
  - a. How does being rooted in scripture help us in times of trouble?
  - b. When is the last time you memorized a verse or passage?
9. As we endure a time of uncertainty and hardship as a community, what are some tangible ways we can be a light to those who don't have the same hope that we do?

### **“Getting to Know You” Questions**

1. Since we last met, what are a couple things you’re particularly thankful for? (Philippians 4:8)
2. What is a challenge you are facing right now?
3. What is one thing you are looking forward to?
4. How can we pray for you this week?