



**November 27, 2022**

**Summary:** The Old Testament provides story after story that we as believers are to look at for examples for us to live. What do we do when disappointments stack up and it seems God is distant? What sources do we frequent to get fulfillment and life? This Exodus story helps us to get above the trees of our circumstances and remember that Jesus is the true source of water and satisfaction

**Scriptures:** 1 Corinthians 10:1-6; Exodus 17:1-7; John 7:37-38; John 19:31-34

**Community Group Questions:**  
(There is no obligation to discuss every question)

### Introduction

1. How has the Old Testament acted as a mirror in your life?

### Disappointments Stack Up Ex. 17:1-2

2. “The last time God came through for you, even if it was thirty seconds ago, it will feel like it was thirty years ago.” Discuss

3. Why do our brains seem to hang on to the negative?

4. How can looking outside of ourselves be a cure for anxiety?

### Drawing Water From the Wrong Source Ex. 17:3-4

5. “At some point everyone ends up in the desert.” When desert times come, where do we go for meaning and fulfillment?

6. “In all the places you don’t expect to find water, you’ll find God’s grace.” Discuss

### Drawing From the True Source Ex. 17:5-7; John 7:37-38; John 19:31-34

7. What was the significance of the Lord “standing before” Moses at the rock? vs. 6

8. “We have to get our brains above the trees.” Discuss

9. Are you thirsty?