

January 15, 2023 Formed - Launch

1 Timothy 4:7-8

Summary – We realize our lives are perfectly designed for the results we are getting and so each New Year we make resolutions for different results. Edgewater's duty is to teach a lifestyle or a Way that results in Christ being formed in us. Sunday we discussed the difficulty in our culture to forming practices as well as the goal for any spiritual activity for the believer.

Scripture – 1 Timothy 4:7-8; Galatians 4:19; Romans 8:29; 2 Corinthians 3:18

Community Group Questions:

(There is no obligation to discuss every question)

Introduction

1. "Anything worthwhile takes time and relationships." Discuss

Train for Godliness (1 Timothy 4:7-8)

- 1. "Training for Godliness is deeply personal." Discuss the importance of abstaining or engaging to gain spiritual discipline.
- 2. What are the problems that arise when we let technology pacify us when things go bad?
- 3. Why has a lack of patience become such a problem for society?
- 4. How is training different from working out?
- 5. "Godliness is immeasurable and imperishable." Discuss
- 6. If Godliness is a value in every way, what holds us back from training?
- 7. "Godliness is the means to enjoy life." Discuss
- 8. How does Godly training help us become more like Jesus?

Reminder

1. Take time this week to read the gospels and ask ourselves, "Where am I ungodly?"