



Oct. 1, 2023
Food and Finances

Matthew 6:16-24

Summary – Matthew Six probes the motives of the human heart. Are its actions staged to be seen or do they come from a genuine inner source? Jesus uses prayer, giving and fasting to evaluate our spiritual life and then turns to money for our public life.

Scripture – Isaiah 5:11, 58:6; Proverbs 23:29-35, 6:6; 1 Timothy 5:23, 6:17; 2 Chronicles 20:1-30; Acts 13:2; Ezra 8:21; Job 42:12; Colossians 3:1-2; John 17:3

Community Group Questions

- Introduction

- Why is it so easy to be concerned about what we look like rather than what we actually are?
- “God is more concerned with what we are becoming, than what we are doing.” Romans 14:16-17

- Fasting (vs 16-18)

- Why is it we generally don't think about the spiritual benefits of fasting?
- How can fasting help you get a hold on a difficult situation?

- Finances (vs 19-24)

- “It is the love of money that is the root of all evil.”
- How do you know if you've made an idol of comfort, ease or safety?
- “It's not a prohibition on stuff, it's a prohibition of loving your stuff.”
- “You can be owned by what you own.”
- How does the way I steward money affect my spiritual, physical and mental health?
- What are the benefits/challenges of tithing?
- Meditate on Matthew 6:21 this week.