

November 24, 2024

Origins – Body Control

Summary: The church at Thessalonica is told to not do sex like the people who don't know God. Paul had previously instructed them to control their bodies in holiness and honor. We attempt to unearth the weapons that they would have used to exercise body control.

Scripture – 1 Thessalonians 4:1-8; Psalm 119:9,11; Hebrews 4:12; Romans 13:14; Proverbs 5, 6:27, 32, 9:1-18; 1 Corinthians 6:18, 7:8-9; 2 Timothy 2:22; Ecclesiastes 12:1-6; John 4

Community Group Discussion

Weapons for believers to fight sexual immorality: memorize scripture, starve it out, damage control, run, get married, know a GPT (gold plated turd), let your cup run over.

- "Culture does not try to preserve [morality] anymore." How does that affect believers today?
- "Get off Facebook and get your face in the Book." How do you manage social media in your life?
- "This Book has its own power." How have you experienced the power of the Word of God in your life?
- What does it mean to make no provision for the flesh?
- What does it mean to sin against your own body? (1 Corinthians 6:18)
- The Bible tells us to *resist* the Devil but to *flee* from sexual immorality. Discuss the difference between these instructions.
- "If you don't want to be that way at 40, why is it okay to act that way at 16?"
- "God's goal for you and me is joy."
- "Jesus is the ultimate heart protector." How does knowing your identity in Christ protect you?